



**For Immediate Release:
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Dr. Oz to Headline the CBS 6 Healthy Lifestyle Expo

(Richmond, VA) --- CBS 6 welcomes special guest, Dr. Mehmet Oz, of the hit program, “The Dr. Oz Show”, to the 9th annual CBS 6 Healthy Lifestyle Expo. Central Virginia’s largest one day health expo returns on Saturday, February 5th, to the Richmond Convention Center, 9am-4pm.

For nearly a decade, CBS 6 has delivered health education to the lives of Central Virginians at the CBS 6 Healthy Lifestyle Expo presented by VCU Medical Center. Special guests, including Richard Simmons, Billy Blanks and Nathan Lyon, have challenged tens of thousands in the Richmond community to “live well” at this yearly event.

More than 100 health related companies and organizations from across the region are expected to participate and share valuable information. Attendees will benefit from free health screenings, health and wellness tips and advice from television’s most well-known surgeon, Dr. Oz.

Dr. Oz is a health and wellness expert offering topical newsworthy information, inspiring stories, and branded elements in an upbeat and entertaining format on his hour long program weekdays at 4pm on CBS 6. He has authored six New York Times best-selling books and was noted as one of *Time* magazine’s most influential people. “Dr. Oz’s dedication to answer the most important health-related questions makes him a perfect contributor at the CBS 6 Healthy Lifestyle Expo,” said WTVR-TV CBS 6 President and General Manager Stephen Hayes. “CBS 6 is excited our Central Virginia community will have the opportunity to have their health questions answered by Dr. Oz right here in Richmond,” continued Hayes. Admission to the CBS 6 Healthy Lifestyle Expo is free.

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